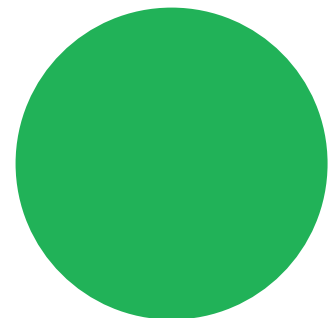




**Bowen Training Australia**  
RTO#41134

# Certificate IV in Bowen Therapy

## 10533NAT



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Bowen Training Australia offers a unique opportunity to learn 'Bowtech™ The Original Bowen Technique' and join an international network of Bowenwork™ practitioners which is influencing healthcare in nearly every country worldwide.

**[bowentraining.com.au](http://bowentraining.com.au)**

# What is Bowen Therapy?

Bowen therapy is a gentle, non-invasive, soft-tissue remedial therapy, based on the work of the late Thomas Ambrose Bowen (1916 -1982).

## Flexible Study Options

Distance learning, plus face-to-face modules

## Course Duration

Part-time over a minimum of 12 months and a maximum of 18 months

## Course Start Dates

Courses run continuously in many locations around Australia throughout the year

Visit [www.bowentraining.com.au](http://www.bowentraining.com.au) to find a course near you.

## Course Entry Requirements

Applicants must be aged 18 years or over

No prior bodywork experience required

## Course Requirements

Internet access is required to download distance units

Access to an electronic device with the Microsoft Suite - Word, Powerpoint and Excel

## Payment Options

Pay As You Go, only paying for what you enrol into

## No upfront costs

Centrelink funding available to those who are eligible see page (3)

## A Bowen Therapist's methodology

Using minimal touch, a practitioner makes gentle, precise, Bowen moves over tendons, muscles, and nerve bundles. These Bowen moves help to bring the body into balance, thereby promoting healing and wellbeing.

Bowen therapy is appropriate for people of all ages, in all degrees of health.

## Why study Bowtech Bowen with Bowen Training Australia?

Having been the industry standard for Bowen therapy since it was first taught in December 1986, courses have been continually upgraded and evolved to meet the high quality standards of education in Australia, whilst maintaining the integrity of the original Bowtech technique.

Completion of the only nationally recognised Bowen course offered in Australia\*, enables you to practice as a Bowen therapist in Australia.

## We Offer

- Small classes to support your learning
- Hands-on tuition for all body work units
- Distance learning for assessments

## Testimonial

"A life changing moment set me on my path to learn Bowen back in 1998. Bowen treats the whole body on so many levels with amazing results. After some time away, I resumed study in 2012 to find that BTA had not only preserved the integrity of this wonderful modality, they enhanced the learning, allowing students to form a solid foundation as a Bowen professional. I cannot wait to see where my journey goes and cannot thank the instructors, BTA and Bowen practitioners enough for their support in keeping the journey exhilarating. I look forward to a lifetime of learning in Bowen Therapy. Everybody is better with Bowen!"



## Cher Capra

Certificate IV in Bowen Therapy Graduate

\*As of 1 August 2017, Bowen Training Australia offers the only nationally recognised Bowen therapy training in Australia.



## HOW TO APPLY?

Visit [www.bowentraining.com.au](http://www.bowentraining.com.au) to find a Module 1 class near you  
Click "Register Now" to register directly with your instructor

1300 833 252

[info@bowentraining.com.au](mailto:info@bowentraining.com.au)

# Course Information

## Certificate IV in Bowen Therapy 10533NAT

### Course Recognition



The Certificate IV in Bowen Therapy is nationally recognised with the Australian Skills Quality Authority (ASQA). The Australian Skills Quality Authority (ASQA) is the national regulator for Australia's vocational education and training sector.

Once you have graduated and received your qualification, you are eligible to join the Bowen Association of Australia, the practitioner association providing professional guidelines, recognition and support for Bowen therapists in Australia.

### Recognition of Prior Learning (RPL)

A student may be eligible to gain recognition for previous learning or skills development gained through work and life experiences.

### Credit Transfer (CT)

A student may obtain recognition by BTA for the 'formal' study they have previously completed that is relevant to the Certificate IV in Bowen Therapy.

For further information on CT or RPL please refer to this link on the website: <http://bowentraining.com.au/bowen-therapy-courses/bowen-therapy-recognition-prior-learning>

### Assessments

You will be assessed on an ongoing basis throughout your training via practical and written in-class assessments, including Logbook, Reflection and Case Studies. There are 12 assessments to be completed via distance learning.

### Study time

We recommend allowing 10 hours study per week for at home learning tasks, including assessments, reading, and homework tasks.

### Funding for Student Fees

Students considering income support such as Youth allowance or Austudy for Certificate IV in Bowen Therapy 10533NAT should contact Centrelink to discuss eligibility.

Please inform your instructor at Module 1 if you would like to explore the option for Centrelink assistance.

Your instructor will inform BTA and a standard letter from the College will be emailed to you to take to Centrelink to confirm your enrolment with the college.

### Career Opportunities

- Working in your own private practice
- Joining an established natural therapies or allied health clinic
- Using Bowen therapy as an adjunct modality in an existing health practice. Many of our Bowen therapists also work as physiotherapists, occupational therapists, massage/bodywork practitioners, yoga instructors, sports therapists, personal trainers, nurses or midwives, naturopaths, and complementary medicine practitioners.
- Specialist areas of interest include: chronic conditions, working with the elderly, babies and children, pre and post-natal care, sports and personal training, stress management, trauma, body-mind aspects, rehabilitation and more.



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# Course Information

## Certificate IV in Bowen Therapy 10533NAT

### Continuing Education

On successful completion of the Certificate IV in Bowen Therapy 10533NAT you are eligible to commence the Diploma of Specialised Bowen Therapy 10534NAT, to further develop your skills and knowledge at a more advanced level. The Diploma is designed to enhance your practice and understanding of Bowenwork, through additional procedures, assessment skills, specialised tests, rehabilitation and common pathologies.

Additionally, Bowen Training Australia offers a wide range of continuing education workshops. While these workshops are not part of the nationally recognised training, they are Bowtech-accredited and eligible for Continuing Education points with Bowen Association Australia.

### Study Breakdown

#### Practical In-Class Modules

This comprises 7, 2-day, Instructor-led classroom modules that need to be completed in sequence.

Module 1 introduces you to the Bowen moves, relaxation procedures and the power of Bowen as a healing modality.

Modules 2 to 7 take you step by step through the Bowen training, introducing new procedures to address a wide range of problems that clients may present with.

Each Module is delivered over 2 days, with each training day considered to be 8 hours.

The minimum time for completion of the 7 practical modules is the equivalent of 1 module per month.

### Distance learning

Also referred to as “training package units” in our course competencies, there are 6 units to be completed through 14 distance learning assessments.

### You Will Need

Internet access is required to download distance units.

Access to an electronic device with the Microsoft suite - Word, Powerpoint and Excel.

To assist your learning journey, support is available from your Instructor and BTA assessors.

### Testimonial

“Studying Bowen has enabled me to leave what has been my career for the last 25 years and start a new path that mirrors how I feel about life, health and healing.

I look forward to developing further in this amazing modality, meeting other practitioners and continuing to be inspired by how Bowen has changed people’s quality of life.”



### Brent Manuel

Certificate IV in Bowen Therapy Graduate



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# Mode of Delivery

## 1. Distance learning

The BTA Distance learning aligns to the Nationally Recognised Units of Competency as per below table:

Nationally Recognised Units of Competency		BTA Distance Online learning
HLTAAP002	Confirm physical health status	Anatomy and Physiology 1-3 Anatomy and Physiology 4-6
HLTCOM408D	Use specific health terminology to communicate effectively	
CHCCOM006	Establish and manage client relationships	Communication and Referrals (3 assessments)
CHCPRP005	Engage with health professionals and the health system	
CHCCOM005	Communicate and work in health or community services	
HLTCOM405D	Administer a practice	Administer a Practice
HLTWHS001	Participate in workplace health and safety	Workplace Health & Safety
HLTINF001	Comply with infection prevention and control policies and procedures	Infection Control
HLTAID003 <b>PLEASE NOTE</b>	Apply first aid This must be completed through an External Provider. This is not provided by BTA.	

## 2. Practical learning

The Nationally Recognised Units of Competency apply to all of the BTA Practical In-Class learning as per below table:

Nationally Recognised Units of Competency		BTA Practical Learning
BOWWOR400A	Work within a Bowen Therapy framework	Practical Module 1 Practical Module 2 Practical Module 3 Practical Module 4 Practical Module 5 Practical Module 6 Practical Module 7 <b>Case studies (10)</b> – A record of progress over 3 consecutive treatments <b>Logbook</b> – A record of Practical experience of 100 hours of treatments completed outside of class. <b>Professional Reflection</b> – Written Task on your goals and achievements in relation to your Bowen Training
BOWASS401A	Perform Bowen Therapy health assessment	
BOWAPP402A	Apply Bowen Therapy assessment framework	
BOWPLA403A	Plan the Bowen Therapy treatment	
BOWPRO404A	Provide Bowen Therapy treatment	
BSBWOR203	Work effectively with others	



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