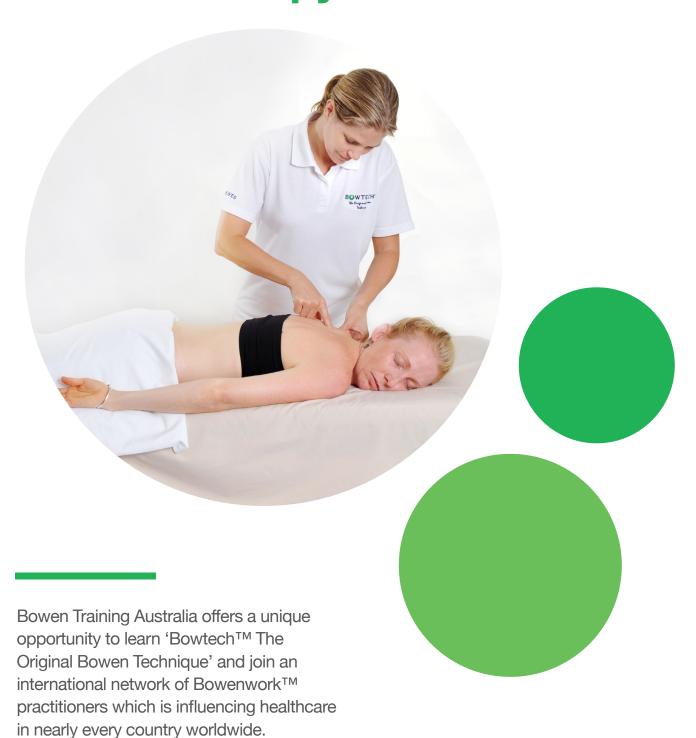


# Diploma of Specialised Bowen Therapy 10534NAT



bowentraining.com.au

### What is Bowen Therapy?

Bowen therapy is a gentle, non-invasive, soft-tissue remedial therapy, based on the work of the late Thomas Ambrose Bowen (1916 -1982).

#### **Flexible Study Options**

Delivered by blended learning: distance learning plus face-to-face modules

#### **Course Duration**

Part-time over a minimum of 12 months and a maximum of 2 years

#### **Course Start Dates**

Courses run continuously in many locations around Australia throughout the year

Visit www.bowentraining.com.au to find a course near you

#### **Course Entry Requirements**

Successful completion of the Certificate IV in Bowen Therapy 10533NAT

Applicants must be aged 18 years or over

#### **Course Requirements**

Professional Indemnity and Public Liability Insurance

Current First Aid certificate – HLTAID003 Provide First Aid

Access to an electronic device with the Microsoft Suite – Word, Powerpoint and Excel

## Your Qualification with Bowen Training Australia

Further refine your skills through learning assessment skills and specialised moves to gain in-depth understanding of how Bowen promotes healing in the body. Your specialised knowledge will better assist you in treating persistent health issues, through alleviating pain and enhancing muscle function.

#### **Payment Options**

- Pay As You Go, only paying for what you enrol into
- No upfront costs
- No equipment required to commence
- Centrelink funding available to those who are eligible, see page (4)

# Reasons to study the Diploma of Specialised Bowen Therapy

- Gain specialist knowledge & skills to better support your clients' health needs
- Diploma level graduates apply their in-depth technical skills & theoretical knowledge to offer a more individualised treatment

#### We Offer

- Small classes to support your learning
- Hands-on tuition for all body work units
- Distance learning for theory assessments

#### **Testimonial**

"Completing the Diploma has taken my work as a Bowen therapist to the next level. I am better equipped to assess my clients to provide them with the best treatment, bringing me and my clinic up to a more professional standard. Bowen has changed my life and I love that I can support other people to achieve health and wellbeing through Bowen therapy."



**Lorraine Manuel**Diploma Bowen Training
Australia Graduate

# Course Information Diploma of Specialised Bowen Therapy 10534NAT

#### **Course Recognition**







The Diploma of Specialised Bowen Therapy is nationally recognised with the Australian Skills Quality Authority (ASQA). The Australian Skills Quality Authority (ASQA) is the national regulator for Australia's Vocational Education and Training sector. Once you have graduated and received your qualification, your clients are eligible to receive health rebates.\*

## Recognition of Prior Learning (RPL)

A student may be eligible to gain recognition for previous learning or skills development gained through work and life experiences.

#### **Credit Transfer (CT)**

A student may obtain recognition by BTA for the 'formal' study they have previously completed that is relevant to the Diploma of Specialised Bowen Therapy.

For further information on CT or RPL please refer to this link on the website: http://bowentraining.com.au/bowen-therapy-courses/bowen-therapy-recognition-prior-learning

#### **Assessments**

You will be assessed on an ongoing basis throughout your training via practical and written in-class assessments including Pathologies, Logbook, Reflection and Case Studies. There are 10 assessments.

#### Study time

We recommend allowing 1-2 hours per module/unit, per week for at home learning tasks, including assessments, reading, and homework tasks.

#### **Funding for Student Fees**

Students considering income support such as Youth allowance or Austudy for Diploma of Specialised Bowen Therapy 10534NAT should contact Centrelink to discuss eligibility.

Please inform your instructor at Module 8 if you would like to explore the option for Centrelink assistance.

Your instructor will inform BTA and a standard letter from the College will be emailed to you to take to Centrelink to confirm your enrolment with the college.

#### **Career Opportunities**

- Managing a clinic
- Enhanced/specialised treatment
- Starting your journey to become a BTA instructor
- Joining an established natural therapies or allied health clinic
- Using Bowen therapy as an adjunct modality in an existing health practice. Many of our Bowen therapists also work as sports therapists, personal trainers, nurses, midwives, naturopaths, complementary medicine practitioners, energetic healers, massage/bodywork practitioners, yoga instructors and more.
- Specialist areas of interest include: chronic conditions, working with the elderly, babies and children, pre and post natal care, sports and personal training, stress management, trauma, body-mind aspects, rehabilitation and more.

\*Note: The information detailed is current at the time of printing; Bowen Training cannot take responsibility for any changes that occur to Australian Health legislation.

# Course Information Diploma of Specialised Bowen Therapy 10534NAT

#### **Continuing Education**

Bowen Training Australia offers a wide range of continuing education workshops, including specialist workshops in anatomy, assessment techniques, specific health conditions, business skills and energetic/emotional perspectives. Whilst these workshops are not part of the nationally recognised training, they are Bowtech-accredited and eligible for Continuing Education points with Bowen Association Australia.

#### Study Breakdown

This course consists of two areas of study:

#### **Practical In-Class Modules**

Enterprise Units presenting specialised Bowen Therapy procedures.

This is comprised of five, three-day, Instructor-led classroom modules that need to be completed in sequence.

Each Module is delivered over three days, with each training day comprised of eight hours.

A minimum of two months is required between Modules 8-9 and 9-10.

A minimum of three months is required between Modules 10-11 and 11-12.

Your instructor will schedule modules according to this timeframe.

#### **Distance Learning**

Also referred to as "training package units" in our course competencies. There are eleven assessment tasks to be completed via distance learning.

#### You Will Need

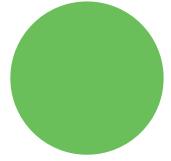
Internet access is required to download distance units.

Access to an electronic device with the Microsoft suite - Word, Powerpoint and Excel.

To assist your learning journey, support is available from your Instructor and BTA assessors.

#### **Testimonial**

"Bowen therapy was so effective at treating my back pain, I knew I had to learn it for myself. Training with BTA gave me a thorough understanding of the technique and helped me build my skills in a professional and inspiring program. Initially, I didn't intend on making a career out of Bowen therapy, but with study, practice and lots of encouragement I realised a professional Bowen practice could be the career change I had sought for so long. BTA equipped me with the business skills and knowledge to guide me into my new career. Completing the Diploma really improved my assessment skills and gave me fantastic procedures that have been so valuable for my clients. I love the positive effect Bowen therapy has on people's lives. It has certainly changed mine."







**David Thorpe**Diploma Bowen Training
Australia Graduate



### **Mode of Delivery**

#### **Distance learning**

The BTA Distance learning aligns to the Nationally Recgonised Units of Competency as per below

Nationally Recognised Units of Competency		BTA Distance learning
HLTAAP003	Analyse and respond to client health information	Anatomy and Physiology Assessments 1-4 Bowen Specific Anatomy Assessments 1-4
CHCPOL003	Research and apply evidence to practice	Research Task
BSBSMB403	Market the small business	Market the Small Business

#### **Practical learning**

The Nationally Recognised Units of Competency apply to all of the BTA Practical In-Class learning as per below table:

Nationally Recognised Units of Competency		BTA Practical Learning
BOWASS500A	Perform specialised Bowen Therapy health assessment	Practical Module 8
		Practical Module 9
BOWAPP501A	Apply specialised Bowen Therapy assessment to develop treatment plan	Practical Module 10
		Practical Module 11
		Practical Module 12
BOWPLA502A	Select specialised Bowen Therapy treatment procedures for client treatment strategy	<b>Logbook</b> – A record of Practical experience of 150 hours of treatments completed outside of class.
		10 Case Studies - A record of progress over 3 consecutive treatments
BOWPRO503A	Provide Specialised Bowen Therapy treatment	over 3 consecutive treatments
CHCLEG003	Manage legal and ethical compliance	
CHCPRP003	Reflect and improve own professional practice	Written Reflection